



2017

EUROPEAN ITF
TAEKWON-DO
CHAMPIONSHIPS

2017

GENERAL INFORMATION PACK



1 ORGANISER & PROMOTER

1.1 ITF England

5 Hophurst Drive, Crawley Down,
West Sussex, England. RH10 4XA
Tel +44 1342718801
E-mail: ec2017@itf-england.co.uk

1.2 EUROPE ITF TAEKWON-DO FEDERATION

Unit 8, Service House,
Mellyn Mair Business Center,
Wentloog Avenue, Rumney,
Cardiff, CF3 2EX
South Wales, UK
www.eitf-taekwondo.org

1.3 ORGANISING COMMITTEE

Grand Master Michael Prewett, President of EITF, Chairmain of EITF Umpire Committee

Mr. Ladislav Burian, Chairman of EITF Tournament Committee

Master Alan Clark, Organising Lead

Mr Darren Brinham, Marketing

Ms Carrie King, Accommodation and Transport

Mr Mike Moran MBE, Liverpool City Liaison

1.4 UMPIRE COMMITTEE

Grandmaster Michael Prewett, IX. Degree

Master Gary Miller, VIII. Degree

Master Emin Durakovic, VII. Degree

Mr. Igor Scheglov, VI. Degree

Mr. Vegilly Sitnilski, VI. Degree





1.5 TOURNAMENT COMMITTEE

Mr. Ladislav Burian, ladislav.burian@exchange4u.cz

Ms. Ilona Tsvetkova, ilona.cvetkova@gmail.com

Mr. Jan Labik, jan.labik@exchange4u.cz

Mr. Nenad Seferagic, nenad.seferagic@pu.t-com.hr

1.6 IT SERVICES

Mr. Ivan Rajtr, rajtr@rajtr.cz

2 BASIC INFORMATION

2.1 DATE

FROM APRIL 24th TO MAY 1st 2017

2.2 VENUE

Registration: Pullman Hotel Liverpool

Kings Dock, Monarchs Quay
Liverpool, L3 4FP

(GPS: 53.3959 N, 2.9905 W)

Venue:

Echo Arena Liverpool,
Kings Dock, Liverpool Waterfront,
England. L3 4FP

2.3 OFFICIAL WEBSITE

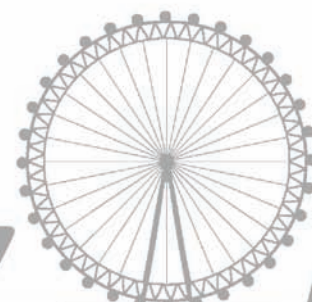
Ec2017.itf-england.co.uk

2.4 RULES

This Championship will be held in accordance with these documents:

- ITF Tournament Rules
- EITF Tournament Standards
- General Information pack (this document)

The competition is based on the ITF Tournament Rules. Some rules are mentioned in this General Information pack in order to either emphasize or to modify several rules. In other words, if there is a conflict between "ITF Tournament rules" and "General Information pack", then the rules in the General Information pack are applied as they are of a higher priority.



3 ABOUT LIVERPOOL

Liverpool is a city in Merseyside, England, on the eastern side of the Mersey Estuary. A borough from **1207** and a city from **1880**, in 2011 it had a **population of 466,415**. The city was historically part of **Lancashire**. Its urbanisation and expansion were largely brought about by its status as a **major port**, which included its participation in the Atlantic slave trade. Liverpool was the port of registry of the ocean liner **RMS Titanic**, and many other Cunard and White Star ocean liners such as the **RMS Lusitania, Queen Mary, and Olympic**.

Liverpool's status as a port city has contributed to its diverse population, which, historically, was drawn from a wide range of peoples, cultures, and religions, particularly those from Ireland. The city is also home to the oldest Black African community in the country and the oldest Chinese community in Europe. Natives of Liverpool are referred to as **Liverpudlians** (from a long-standing jocular alteration of 'Liverpool' to 'Liverpuddle') and colloquially as **"Scousers"**, a reference to "scouse", a form of stew. The word "Scouse" has also become synonymous with the Liverpool accent and dialect.

Tourism forms a significant part of the city's modern economy. The city celebrated its **800th anniversary** in 2007, and it held the **European Capital of Culture** title together with Stavanger, Norway, in **2008**. Labelled the **"World Capital City of Pop"** by Guinness World Records, the popularity of **The Beatles**, and other groups from the Mersey beat era and later, contributes to Liverpool's status as a tourist destination.

Several areas of Liverpool city centre were granted **World Heritage Site** status by **UNESCO** in **2004**. The Liverpool Maritime Mercantile City includes the Pier Head, Albert Dock, and William Brown Street. Liverpool is also the home of **two Premier League football clubs, Liverpool and Everton**. Matches between the two are known as the Merseyside derby. The world-famous horse race, **The Grand National** also takes place annually at **Aintree Racecourse** on the outskirts of the city.

Geography

Liverpool has been described as having **"the most splendid setting of any English city"**. It is 176 miles (283 km) northwest of London, located on the **Liverpool Bay** of the **Irish Sea** the city of Liverpool is built across a ridge of sandstone hills rising up to a height of around 230 feet (70 m) above sea-level at Everton Hill, which represents the southern boundary of the West Lancashire Coastal Plain.

Climate

Liverpool experiences a temperate maritime climate, like much of the British Isles, with relatively cool summers and mild winters.

Historic April-May Weather

Record High	26° – 27°
Average High	11.6° – 15.5°
Daily Average	8° – 12°
Rain Fall	85mm - 65mm

Landmarks

Liverpool's history means that there are a considerable variety of architectural styles found within the city, ranging from 16th century Tudor buildings to modern-day contemporary architecture. The majority of buildings in the city date from the late-18th century onwards, the period during which the city grew into one of the foremost powers in the British Empire. There are over 2,500 listed buildings in Liverpool, of which 27 are Grade I listed and 85 are Grade II* listed.





The city also has a **greater number of public sculptures than any other location in the United Kingdom** aside from Westminster and more Georgian houses than the city of Bath. This richness of architecture has subsequently seen Liverpool described by English Heritage, as **England's finest Victorian city**. The value of Liverpool's architecture and design was recognised in 2004, when several areas throughout the city were declared a **UNESCO World Heritage Site**. Known as the Liverpool Maritime Mercantile City, the sites were added in recognition of the city's role in the development of international trade and docking technology.

Waterfront and Docks

The **Albert Dock** contains the UK's largest collection of Grade I listed buildings as well as being the most visited multi-use attraction outside London.

As a major British port, the docks in Liverpool have historically been central to the city's development. Several major docking firsts have occurred in the city including the construction of the world's first enclosed wet dock (the Old Dock) in **1715** and the first ever hydraulic lifting cranes. The best-known dock in Liverpool is the Albert Dock, which was constructed in 1846 and today comprises the largest single collection of Grade I listed buildings anywhere in Britain. The Albert Dock houses restaurants, bars, shops, two hotels as well as the **Merseyside Maritime Museum, International Slavery Museum, Tate Liverpool and The Beatles Story**. **North of the city centre is Stanley Dock**, home to the **Stanley Dock Tobacco Warehouse**, which was at the time of its construction in **1901, the world's largest building** in terms of area [145] and today stands as the world's largest brick-work building.[146]

One of the most famous locations in Liverpool is the **Pier Head**, renowned for the trio of buildings – the **Royal Liver Building**, the **Cunard Building** and the **Port of Liverpool Building** – which sit upon it. Collectively referred to as the Three Graces, these buildings stand as a testament to the great wealth in the city during the late 19th and early 20th century. Built in a variety of architectural styles, they are recognised as being the symbol of Maritime Liverpool, and are regarded by many as contributing to one of the most impressive waterfronts in the world.

Liverpool Cathedral is regarded as one of the greatest buildings of the twentieth century and is one of the largest church buildings in the world.

Liverpool is noted for having **two** Cathedrals, each of which imposes over the landscape around it. The Anglican Cathedral, which was constructed between 1904 and 1978, is the **largest Cathedral in Britain** and the **fifth largest in the world**. Designed and built in Gothic style, it is regarded as one of the **greatest buildings to have been constructed during the 20th century** and was described by former **British Poet Laureate, John Betjeman**, as 'one of the great buildings of the world'. The **Roman Catholic Metropolitan Cathedral** was constructed between **1962 and 1967** and is noted as one of the first Cathedrals to break the traditional longitudinal design.



In recent years, many parts of Liverpool's city centre have undergone significant redevelopment and regeneration after years of decline. The largest of these developments has been **Liverpool One**, which has seen almost £1 billion invested in the redevelopment of **42 acres (170,000 m2) of land**, providing new retail, commercial, residential and leisure space.

Parks and gardens

The English Heritage National Register of Historic Parks describes Merseyside's Victorian Parks as collectively the "**most important in the country**". The city of Liverpool has **ten listed parks and cemeteries**, including two Grade I and five Grade II, more than any other English city apart from London.

National and International Travel

Transport in Liverpool is primarily centred on the city's road and rail networks, both of which are extensive and provide links across the United Kingdom. Additionally, the city also has an international airport and a major port, both of which provides links to locations outside the country.

Road links

As a major city, Liverpool has direct road links with many other areas within England. To the east, the **M62** motorway connects Liverpool to Manchester, Leeds and Bradford. The M62 also provides a connection to both the **M6** motorway and **M1** Motorway, providing indirect links to more distant areas including Birmingham, Sheffield, Preston, London and Nottingham. To the west of the city, the Kingsway and Queensway Tunnels connect Liverpool with the Wirral Peninsula, providing links to both Birkenhead, and Wallasey and via the A55 road, North Wales.

Rail links

Liverpool is served by two separate rail networks. The local rail network provides Liverpool with connections to major towns and cities across the England. The city's primary mainline station is **Lime Street station**, which acts as a terminus for several lines into the city. Train services from Lime Street provide connections to numerous destinations, including London, Birmingham, Newcastle upon Tyne, Manchester, Preston, Leeds, Scarborough, Sheffield, Nottingham and Norwich. In the south of the city, Liverpool South Parkway provides a connection to the city's airport.

Sea Port

The Port of Liverpool is one of Britain's largest ports, providing passenger ferry services across the Irish Sea to **Belfast, Dublin** and the **Isle of Man**. Services are provided by several companies, including the Isle of Man Steam Packet Company, P&O Ferries and Stena Line.

Airport

Liverpool John Lennon Airport, which is located in the south of the city, provides Liverpool with direct air connections across the United Kingdom and Europe. In 2008, the airport handled over **5.3 million passengers** and today offers services to **68 destinations**, including Berlin, Rome, Milan, Paris, Barcelona and Zürich. The airport is primarily served by low-cost airlines, notably **Ryanair and Easyjet**, although it does provide additional charter services in the summer.

Local Travel

The **Merseyrail** network has extensive underground sections within the city centre. **Liverpool Central** is the **UK's busiest underground station outside London**.





Buses

Local bus services within and around Liverpool are managed by the Merseyside Passenger Transport Executive (more commonly known as Mersey travel) and are run by several different companies, including **Arriva and Stagecoach**. The two principal termini for local buses are **Queen Square Bus Station** (located near Lime Street railway station) for services north and east of the city, and **Liverpool One Bus Station** formerly known as Paradise Street Bus Interchange (located near the Albert Dock) for services to the south and east.

Cross-river services to the Wirral use roadside terminus points in Castle Street and Sir Thomas Street. A night bus service also operates on Saturdays providing services from the city centre across Liverpool and Merseyside.

Trains

Liverpool's local rail network is **one of the busiest and most extensive in the country**. The network consists of three lines: the Northern Line, which runs to Southport, Ormskirk, Kirkby and Hunts Cross; the Wirral Line, which runs through the Mersey Railway Tunnel and has branches to New Brighton, West Kirby, Chester and Ellesmere Port; and the City Line, which begins at Lime Street, providing links to St Helens, Wigan, Preston, Warrington and Manchester.

Services are operated by the Merseyrail franchise and managed by the Merseyside Passenger Transport Executive. It should be noted that local services on the **City Line** are operated by **Northern Rail** rather than Merseyrail, although the line itself remains part of the Merseyrail network. Within the city centre the majority of the network is underground, with **four city centre stations** and over 6.5 miles (10.5 km) of tunnels.

Mersey Ferry

The cross river ferry service in Liverpool, known as the **Mersey Ferry**, is managed and operated by **Merseytravel**, with services operating between the **Pier Head** in Liverpool and both **Woodside** in Birkenhead and **Seacombe** in Wallasey.

Services operate at intervals ranging from **20 minutes** at peak times, to every hour during the middle of the day and during weekends. Despite remaining an important transport link between the city and the **Wirral Peninsula**, the Mersey Ferry has become an increasingly popular tourist attraction within the city, with daytime **River Explorer Cruises** providing passengers with an historical overview of the River Mersey and surrounding areas.



Must See Attractions

1. The Beatles Tour

Music lovers all over the world flock to Liverpool every year, as it is the birthplace of The Beatles. You therefore must take a Beatles tour when in the city, as you'll have the chance to visit iconic locations that inspired some of their greatest hits, such as Strawberry Fields and Penny Lane.

There are plenty of Beatles tours to choose from, so do your homework to ensure you pick the right one to suit your needs. Most tours will visit the childhood homes of both John and Paul, and you will even have the opportunity to visit the place where it all began at The Cavern Club.



2. Maritime History

Liverpool was once the home to one of the greatest ports in the world, and therefore welcomed many migrants, sailors and ships into the city. It was also for this reason that the city was heavily bombed during World War II, as many troops arrived and departed from Liverpool.

The city was also the home of the White Star Line Headquarters, which was RMS Titanic's port of registry and now serves as a new Titanic hotel in Liverpool, 30 James Street – Home of the Titanic, commemorates the ill-fated liner and the shipping company.

The Merseyside Maritime Museum is also based in the Albert Dock, and proudly displays artefacts from the city's seafaring heritage, including recovered items from RMS Titanic, RMS Olympic and many more ships.

3. Two Cathedrals

Liverpool is the home of not one but two stunning cathedrals: the Liverpool Metropolitan Cathedral and the Liverpool Anglican Cathedral. Both are architectural treasures that have been proudly maintained and offer a Gothic Revival style. The two are undoubtedly the centrepieces of the city, and each offer a unique design that makes them two of the most beautiful cathedrals in the world.

4. Museums

When it comes to museums, you can't beat Liverpool, as the city provides one of the most impressive collections of museums in Europe. History lovers should make Liverpool their first port of call, as they'll be spoilt for choice with the World Museum, the Merseyside Maritime Museum, the International Slavery Museum, and the new Museum of Liverpool.





5. Galleries

It's not only history lovers that will love this great city, as art aficionados can pay a visit to the Tate Gallery – which is one of three in the UK. You can view collections from both British and international artists, and can attend a wide array of events and exhibitions.

The Walker Art Gallery also houses one of the biggest art collections in England, outside of London, with works from Rembrandt, Rubens, Gainsborough, Poussin and Hogarth on display.

6. Ferry Across the Mersey

The Mersey Ferry is one of the biggest and best attractions in the city, and is the perfect way to travel from Liverpool to the Wirral Peninsula. The 50 minute river cruise is a must for any tourist visiting the city, as it offers spectacular views of the waterfront.

7. Aintree Racecourse

The Grand National is the biggest horse racing event on the sport's calendar – and it has been held at Aintree Racecourse every year since 1839. People all over the world tune in to find out which horse and jockey will win the most valuable jump race in Europe, which now offers a prize fund of £1 million.

Aintree Racecourse is also host to a plethora of other horse racing, motor racing, music and golf events during the year. Don't miss it!

8. Football

Scousers are passionate about football, and there is a bitter rivalry between the two local clubs Liverpool FC and Everton FC. Whether you're a fan of the teams or simply love football, you must visit Anfield stadium or Goodison Park to watch a match. The city loves football, so show the city some love and drop in on a game, but you'll have to be quick to secure some tickets!

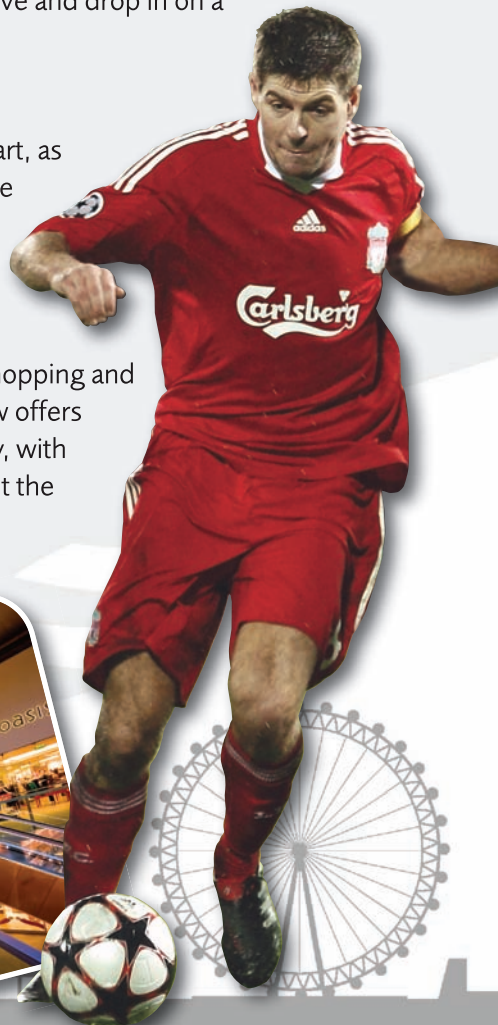
9. Crosby Beach

Crosby Beach offers more than just sand and water. The beach is now a piece of art, as Antony Gormely's *Another Place* now permanently resides over the coastline. The 100 cast iron male statues are spread out across the beach, and are simply breathtaking come rain or shine.

10. Liverpool One

The Capital of Culture 2008 accolade breathed new life into Liverpool, and the shopping and leisure outlet Liverpool One was opened to cater to the city's new image. It is now offers some of the best high street stores, restaurants and leisure facilities in the country, with people from up and down the UK heading to Liverpool to check out the shops, hit the cinema or to dine at one of the many chic bars on offer.

There really is something for everyone in Liverpool – and if you can't find it, those sociable scousers will most definitely point you in the right direction.



Museum of Liverpool



Liverpool One

4 PREPARATION FOR THE CHAMPIONSHIP

4.1 VISA

Countries requiring a Visa to the UK should contact their nearest consulate.

Deadline for visa information: 31st January 2017

4.2 APPLICATION FOR THE CHAMPIONSHIP

Applications must be sent only via the software, which is available for download at:

The EITF website www.eitf-taekwondo.org

The Championships website: ec2017.itf-england.co.uk

First (accommodation) Deadline: 31st January 2017

This deadline requires teams to submit at least the application form with the "Accommodation" part completed. The number of all participants and their accommodation packages is mandatory. Every change of accommodation details (hotel, number of nights,) after this deadline might be penalized.

Other parts of the application form (competitors, etc.) do not have to be completed at this point, or can be amended. **The Final Deadline for teams to send the full application is 10th March 2017.**

Before this final deadline it is possible to make changes to the application form, especially team members, competitors, their disciplines, etc. However, please bear in mind that changing the total number of participants and their accommodation packages may be penalized!

After this final deadline ALL changes will be penalized.

Please do not forget to fill in all important parts of the application, especially:

- List of all competitors, their disciplines and team membership
- List of all teams, including self-defence
- Coaches
- VIPs (please see the EITF Tournaments Standards to understand who can be accredited as VIP)
- NGB members
- Umpires (both invited and not invited)
- Hotel accommodation for all participants
- Photos of all participants (JPG, max. resolution 75dpi, max. size 45kB) must be inserted into the application software. Failing to do so might be subject to additional charges.



4.3 TRANSPORTATION & ARRIVAL

Possible transportations:

- The organisers will provide pickups from Manchester and Liverpool International Airports for all arriving participants.
- There are also good ferry and rail connections into Liverpool.
- The city has excellent road access

Team leaders need to inform the organiser by e-mail to ec2017@itf-england.co.uk about their transportation needs

- Type of transportation (flight/train/bus/ferry)
- Dates and times of arrivals of all NGB participants (including all umpires, VIPs and other team members)
- Dates and times of departures of all participants
- Flight, train or bus numbers, where applicable

Deadline for teams to inform the organiser of all their dates/times of arrival/departure and number of people the 10th March 2017.

The latest time for registration: 24th April (Monday) 18:00. Only one (1) coach or other responsible person appointed by its NGB is required to attend for registration and payment. The rest of the team may arrive later.

The latest arrival time for all the competitor's is 25th April (Tuesday) 19:00 this is for the Final weight and competitor checks.

4.4 PAYMENTS & PENALTIES

4.4.1 Deposits (pre-payments)

Deposits of 200 € (non-refundable) per person must be sent to:

ITF ENGLAND
5 Hophurst Drive
Crawley Down, West Sussex
RH10 4XA. ENGLAND

BANK NAME: BARCLAYS BANK
ADDRESS: 92 HIGH STREET, CRAWLEY, RH10 1YF. UK

IBAN: GB82 BARC 2023 9873 8176 88
SWIFT: BARCGB22

Deadline for payment of deposit: 31st January 2017.

4.4.2 Final Payment of Accommodation

Final payment can be accepted in the following ways:

1. In cash at the registration venue during the registration process.
2. By DEBIT card at the registration venue during the registration process
NB: Traveller's / Bank cheques and any CREDIT cards WILL NOT be accepted as a form of payment
3. As a BACS payment, details as above, on or before **17th April 2017**.

A charge of **250 €** per person will be made for any countries book their own accommodation for any of the competition dates (25th April - 30th April inclusive) and who do not use the services of the organiser.

Please note: after this penalty fee has been received these participants will receive an official ID card. This will entitle them to all Tournament Services but exclude full board meals and other Accommodation related facilities.

Any deposit payments received will be accredited for accommodation purposes only.

4.4.3 Fees

All EITF entry fees and accreditation must be paid IN CASH to the EITF at Registration.

- EITF annual fee: **100 €** per NGB
- Individual entry fee: **100 €** per competitor
- Team entry fee: **40 €** per team per discipline, including self-defence
- Individual entry fee must also be paid by those competitors who are attending as team members only.

4.4.4 Penalties

- Application form submitted after **10th March 2017**: **200 €**
- Each and every change of the application form after **10th March 2017** **150 €**
- Changes to the ID card (after it was accepted by the coach) : **50 €**
- ID card replacement: **5 €**
- Missing photos of participants on the application form: **15 €**
- Separate invoices (for each competitor): **1 €** per invoice
- Cancellation of accommodation after **19th April 2017** **150 €** per person
- Late arrivals:
 - Penalty for late arrival of responsible person to the registration: **300 €**
 - Penalty for late arrival of the team to the competitor's check: **100 €**

Note: These penalties will be applied unless the late arrival is out of the participant's control. However, participants need to plan their arrivals with adequate travel time allowing for usual potential delays (at least 1-2 hours)



4.5 ACCOMMODATION PACKAGES

Hotel accommodation will be provided at several Hotels (2*, 3* and 4*) in Liverpool City, according to the following packages:

Duration of stay:	Package "A" (****)	Package "B" (***)	Package "C" (**)
5 days/4 nights	400 €	320 €	280 €
6 days/5 nights	500 €	400 €	350 €
7 days/6 nights	600 €	480 €	420 €
8 days/7 nights	700 €	560 €	490 €
Extra Days	100 €	80 €	70 €

All prices above are per person for a double room. For single room prices, please add 35 € per day.

Payment notice: If the deposit for accommodation is paid after **31st January 2017**, the prices charged will be 15 % higher.

Each package includes:

- Accommodation according to selected type of package
- Transport from/to airport or train station
- Full board (breakfast, lunch, dinner), including basic non-alcoholic drinks
- Free training facilities for coaches and competitors
- Free entrance to the Echo Arena during competition days
- Free entrance to the opening/closing ceremony
- Free entrance to the after tournament party
- Medical assistance for all accredited participants during the competition

4.6 REGISTRATION

Only one (1) responsible person **per NGB** (coach or other responsible representative) is needed to register the whole team and to carry out the payments. The rest of the team may arrive later to attend the Competitor's check. Registration is only possible between the hours of **09.00 until 20.00**. NGBs which fail to attend on time might be suspended from the Championship or may pay a penalty for late registration (this is the decision of the Organising committee).

Latest time of arrival for registration: 24th April 2017 (Monday) 18:00.

4.7 COMPETITOR'S CHECK

All competitors must be present. They will be checked for:

- Nationality (A passport of the country, VISA or other residency document must be presented to prove that the competitor may compete for their country)
- Black Belt ID card
- ITF passport
- Weight check for those who are competing in sparring

After the check in of all the countries competitors is finished, the ID cards for all the competitors will be given to the coach.

Doping tests can be performed on any randomly selected competitor.

Latest arrival time of the whole team for the competitor check: 25th April (Tuesday), 19:00

5 CHAMPIONSHIP RULES AND REGULATIONS

5.1 COMPETITION RULES

This Championship will be conducted in accordance with ITF rules. If not covered by the ITF Rules then the EITF rules will apply.

5.2 COMMON RULES VALID FOR ALL AGE CATEGORIES

- Only **ITF affiliated NGBs** and **ITF registered Black Belt** holders can participate in the Championship. This is with exception to the **Children's category** where **Red Belts** (2nd Kup) and above may compete.
- The Degree and age of competitors must be valid and identical on both the **Degree certificates** and **ITF Passports**.
- It is the responsibility of each competitor to have their own **health insurance**.
- The organiser is **not responsible** for any damages or losses.
- **Tatami** used for Taekwon-Do disciplines will be of standard size **9 by 9 meters** with **1m of safety** border (11x11 meters total).
- All Competitors must be in possession of a **full set of blue and red** approved safety equipment for sparring. Other colours will not be allowed.
- The Competitors must follow the **ITF dress code**. Only competitors who wear the official ITF dobok manufactured by **Sasung** Company will be allowed to access the competition.
- If competitors wish to have their **country's name** on dobok, they are allowed wear it on the back under the "tree".



- The **Competitor's number** should be below the belt on the back of the dobok jacket.
- **Sponsorship logos** may be on the right side of the chest at a recommended size of 10cm by 5cm.
- The **National flag** may be stitched to the right sleeve on the side approximately 2cm below the shoulder seam.

5.3 DISCIPLINES

- Patterns
- Sparring
- Self-defence routine
- Power breaking
- Special techniques

Both power breaking and special technique will revert to original format of competition. Minimum heights and boards will be set by the Tournament Committee.

5.3.1 Power breaking test

The power breaking will follow the ITF rules. The minimum requirements will be set by the EITF Tournament Committee.

There will be an elimination, which will be free choice, and **all boards must be broken**. Once a competitor is successful at the elimination they will then continue with the other elements. Scoring **3 points** for a broken board, **1 point** for a bent board. Whoever accumulates the most points across all techniques will be the winner.

5.3.2 Special techniques

Special techniques will carry the same format as in Power. The minimum lengths and heights are set for Juniors and adults and are shown below:

- For high jump technique target height will be measured at the middle point of the target.
- For flying long side kick middle point of the target must be above the height of the hurdle.
- When performing Twimyo nopi chagi and Twimyo dollyo chagi, the competitor must take a run-up and take off on the kicking foot, pulling the other leg to the chest. The target must be broken with the jumping foot whilst lowering the other leg (scissor kick).

There will be an elimination, which will be free choice, and the paddle **must be moved 90 degrees**. Once a competitor is successful at the elimination they will then continue with the other elements. Scoring **3 points** for a paddle moved 90 degrees, **1 point** for moving the paddle. Whoever accumulates the most points across all techniques will be the winner.

5.3.3 Self-defence routine

The Self-defence routine must consist of **1 + 3 (male hero)** and **1 + 2 (female hero)**

5.4 AGE CATEGORIES

5.4.1 Children

Competition of children will take place only during **first 2 days** of the Championship (**Thursday and Friday**). Children must be **11, 12 or 13 years** old on **Monday 24th April 2017**, and must be red or Black Belt holders, in line with the ITF promotion rules. Each country will be allowed up to **two (2) competitors** in each division for the children's competition.

Patterns (Tul)

- Patterns for children's red belts: Chon-Ji to Hwa-Rang
- Patterns for children's black belts: Chon-ji to Ge-Baek.
- Patterns will be separate for red and black belt divisions.

Sparring (Matsoki)

Sparring for red and Black Belts will be together (male red and male Black Belts holders; female red and female Black Belts holders). There will be seven weight divisions for sparring as follows:

Male: -35 kg, -40 kg, -45 kg, -50 kg, -55kg, -60kg, +60 kg
Female: -30 kg, -35 kg, -40 kg, -45 kg, -50k, -55kg, +55 kg

Head guards will be compulsory for all children sparring together with existing compulsory protection. There will be **no power** and **no special technique** for children, there will also be no team event for children.

5.4.2 Juniors

There are two Junior divisions:

- Juniors (14-15) must be 14-15 years old on **Monday 24th April 2017**, and must be 1st, 2nd, or 3rd Degree ITF Black Belt certificate holders.
- Juniors (16-17) must be 16-17 years old on **Monday 24th April 2017**, and must be 1st, 2nd, or 3rd Degree ITF Black Belt certificate holders.

Junior age groups of 14-15 and 16-17 are only eligible for individual and team sparring.

Juniors 2nd Degree must be minimum of **14 1/2** years old, Juniors 3rd Degree must be a minimum of **16 1/2** years old.

A maximum of **two (2)** Junior competitors per country are allowed for individual divisions. **Two (2)** for Juniors **14-15** years old and **two (2)** for Juniors **16-17** years old.

5.4.2.1 Patterns (Tul)

Patterns for Juniors will be separated by grade, and gender, but not by age category. 1st to 3rd Dan

5.4.2.2 Sparring (Matsoki)

Male: - 45 kg, - 51 kg, - 57 kg, - 63 kg, - 69 kg, - 75 kg, +75 kg
Female: - 40 kg, - 46 kg, - 52 kg, - 58 kg, - 64 kg, - 70 kg, +70 kg



5.4.2.3 Junior special techniques

Techniques	Male	Female
Flying high front kick (Twimyo nopi chagi)	2.7m	2.2m
Flying high turning Kick (Twimyo dollyo chagi)	2.4m	2.1m
Flying high back kick (twimyo bandae dollyo chagi)	2.3m	2.0m
	Male	Female
Flying long side kick (twimyo nomo chagi)	2.5m x 0.7m	1.7m x 0.7m
Flying high reverse kick (twimyo dolimyo chagi 360)	2.3m	2.0m

5.4.2.4 Junior teams

Each NGB may register up to **twelve (12)** members in a team event and they can use any combination of these members for each of the disciplines (e.g. **members 1 to 6 for patterns and 7 to 12 for sparring or any other combination**). In the Junior 14-15 Team Sparring event, the teams must include only competitors 14 or 15 years old. In the Junior 16-17 Team Sparring event, the teams must include only competitors 16 or 17 years old.

5.4.3 Adults

Competitors participating in Adult age category must be **18-39 years** old on **Monday 24th April 2017**, and must be **1st, 2nd, 3rd, 4th, 5th or 6th Dan** ITF Black Belt certificates.

In line with ITF promotion rules: **Adult 4th Degree must be a minimum of 22 years old.**

Two (2) adult competitors per country are allowed for individual division or category.

The **5th and 6th Degrees** will compete in Degree for pattern and be able to compete within the existing divisions of sparring, power, special technique and self-defence routine. They will also be eligible to enter the team events, therefore the adult teams will be allowed to perform any pattern up to **lowest Degree in the team.**

5.4.3.1 Patterns (Tul)

Patterns for adults will be separated by grade, and gender. 1st to 6th Dan

5.4.3.2 Sparring (Matsoki)

Male: - 50 kg, - 57 kg, - 64 kg, - 71 kg, - 78 kg, - 85 kg, +85kg
 Female: - 45 kg, - 51 kg, - 57 kg, - 63 kg, - 69 kg, - 75 kg, +75 kg

5.4.3.3 Adult teams

Team events: each NGB may register up to **ten (10)** members in a team event and they can use any combination of these members for each of the disciplines (**e.g. members 1 to 5 for patterns and 6 to 10 for sparring or any other combination**).

5.4.3.4 Adult Special Techniques

Technique	Male	Female
Flying high front kick (Twimyo nopi chagi)	2.8m	2.3m
Flying high turning Kick (Twimyo dollyo chagi)	2.5m	2.2m
Flying high back kick (twimyo bandae dollyo chagi)	2.4m	2.1m
Flying long side kick (twimyo nomo chagi)	2.5m x 0.7m	1.7m x 0.7m
Flying high reverse kick (twimyo dolimyo chagi 360)	2.4m	2.1m

5.4.3.5 Adult Power test

Male Technique	Minimum Boards
Knifehand Strike (Sonkal Terigi)	2
Forefist Punch (Ap Joomuk Jirugi)	2
Side Piercing Kick (Yop Chagi)	4



Turning Kick
(Dollyo Chagi) **3**

Reverse Turning Kick
(Bandaedollyo Chagi) **3**

Female Technique Minimum Boards

Knifehand Strike
(Sonkal Taerigi) **1.5**

Front Elbow Strike
(Appalgub Taerigi) **1.5**

Side Piercing Kick
(Yop Chagi) **3**

Turning Kick
(Dollyo Chagi) **2**

180° Side Kick
(Dolmyo Chagi) **2**

5.4.4 Veterans

Competitors for the Veteran Championship must be **40 years** and above on **Monday 24th April 2017**. Competitors must be **40 – 49 years old (Silver Class)**, **50 – 59 years old (Gold Class)** and **60 years and above (Platinum Class)** on **Monday 24th April 2017** and be holders **1st, 2nd, 3rd, 4th, 5th or 6th Dan** ITF Black Belt certificates.

For Veteran competition each country is permitted to send up to **three (3)** competitors to the individual sparring according to the weight divisions for the Silver and Gold Class.

5.4.4.1 Patterns (Tul)

Patterns for Veterans will be separated by grade, gender and age classification. 1st to 6th Dan

5.4.4.2 Sparring (Matsoki)

Sparring will be organized in **5 weight divisions (Silver)**, and **3 weight divisions (Gold Class)**. There will be no Platinum Class sparring.

Following the ITF rules, the veteran self-defence will **not be included**.

5.4.4.3 Veteran teams

Team events: each NGB may register up to **four (4)** members in a team event.
Only **one team** from each country can enter (one male, one female), irrespective of age.
No Platinum class competitors can enter team events.

5.4.4.4 Veteran Power test

Individual power breaking will be organized **Silver Class only**.
Team power breaking can include **Silver and Gold Class only**.

Male Technique	Minimum Boards
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Knifehand Strike (Sonkal Terigi)	2
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Side Piercing Kick (Yop Chagi)	4
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180° Side Kick (Dolmyo Chagi)	3
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Female Technique	Minimum Boards
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Front Elbow Strike (Appalgub Taerigi)	1.5
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Side Piercing Kick (Yop Chagi)	3
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180° Side Kick (Dolmyo Chagi)	2
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5.5 UMPIRES

The Organising Committee will pay **7 days/ 6 nights** (Tuesday – Monday) hotel accommodation for **50 qualified umpires**. Umpires will be selected by the Umpire committee and invited personally by the President of the EITF Umpire Committee. NGBs must confirm if their invited umpires are able to attend.

Late arrival is not acceptable. Invited umpires will be required to attend all of the Umpire Meetings and carry out all their duties as scheduled in the period of the event. Their accommodation is paid for, excluding any extra services (drinks, telephone calls etc.). The EITF Umpire Committee will dismiss any Umpires who do not abide by the work schedules or guidelines and such Umpires will have to pay for the hotel accommodation and meals personally.

Other (uninvited) umpires may also attend but will be required to pay for their Hotel accommodation expenses and may or may not be used by the umpire committee.

The Umpire's dress code will consist of Navy blue blazer jacket, white long sleeved shirt, navy blue trousers, navy blue necktie, white short socks and white sport shoes as stated in the ITF Umpire Rules.

5.6 COACHES

Coaches are the only responsible persons who may stand in for the competitor, hand in protests, etc. Only one coach is allowed to enter the ring with the competitor or team. Coaches must attend the draw and the coach meeting.

5.7 AWARDS FOR PARTICIPANTS

All participants will receive a Certificate of Participation signed by the EITF President and President of the Organising Committee. Finalists of specified divisions and categories will receive Diplomas and Medals.

5.8 CEREMONIES

For the Opening Ceremonies, the participants can wear the ITF Dobok or the team apparels. Each Country must submit two participants and officials to represent their country during the official parade. The Opening ceremony will take place at the Echo Arena according to the schedule.

6. SCHEDULE

Monday, April 24th

09:00 – 20:00 Registration - Pullman Hotel Liverpool
 09:00 – 20:00 Competitor's check and weight check
 20:00 – 22:00 Dinner

Tuesday, April 25th

07:00 – 08:00 Breakfast
 09:00 – 13:00 Competitor's check and weight check
 13:00 – 15:00 Lunch
 15:00 – 21:00 Competitor's check and weight check
 19:00 - 20:00 Dinner
 20:00 – 22:00 EITF EB meeting

Wednesday April 26th

07:00 – 08:00 Breakfast
09:00 – 12:00 EITF Congress
 13:00 – 14:00 Lunch
 14:00 – 15:30 Coaches Meeting & Draw
 16:00 – 19:00 Umpire meeting
19:00 – 21:00 Opening Ceremony at the Echo Arena
 21:00 - 22:00 Dinner

Thursday April 27th

07:00 – 08:00 Breakfast
 09:00 – 13:00 Competition at the Echo Arena
 13:00 – 14.30 Lunch
 15:00 – 20:00 Competition & Medal Awarding
 20:00 – 22:00 Dinner

Friday April 28th

07:00 – 08:00 Breakfast
 09:00 – 13:00 Competition at the Echo Arena
 13:00 – 15:00 Lunch
 15:00 – 20:00 Competition & Medal Awarding
 20:00 – 22:00 Dinner

Saturday April 29th

07:00 – 08:00 Breakfast
 08:30 – 13:00 Competition at the Echo Arena
 13:00 – 14:30 Lunch
 15:00 – 20:00 Competition & Medal Awarding
 20:00 – 22:00 Dinner

Sunday April 30th

07:00 – 08:00 Breakfast
 09:00 – 12:00 Competition - Finals & Medal Awarding
 13:00 – 14:30 Lunch
15:00 – 20:00 Competition - Finals & Medal Awarding and Closing Ceremony
 20:00 – 22:00 Dinner
21:30 + EITF Party

Monday May 1st

7:00 + Breakfast & Departure



7 SUMMARY

7.1 DEADLINES

PREPAYMENT ACCOMODATION:	31st January 2017
VISA APPLICATION DEADLINE:	31st January 2017
FULL APLICATION DEADLINE:	10th March 2017
ARRIVAL FOR REGISTRATION:	24th April, 18:00
ARRIVAL FOR COMPETITOR'S CHECK:	25th April, 19:00

7.2 MEETING POINT FOR REGISTRATION AND ACCOMMODATION

Pullman Hotel Liverpool
Kings Dock, Monarchs Quay
Liverpool, L3 4FP (GPS: 53.3959 N, 2.9905 W)

7.3 MAIN CONTACTS

Ms Carrie King
admin@itf-england.co.uk

Master Alan Clark
ec2017@itf-england.co.uk

7.4 EMERGENCY NUMBER (DURING COMPETITION)

Ms Carrie King +44 7402 096052

7.5 TOURNAMENT COMMITTEE

ladislav.burian@exchange4u.cz

7.6 IT PROVIDER

rajtr@rajtr.cz





EUROPEAN ITF TAEKWON-DO FEDERATION

Unit 8, Service House,
Mellyn Mair Business Centre,
Wentloog Avenue,
Rumney,
Cardiff,
CF3 2EX,
South Wales, UK

www.eitf-taekwondo.org

태권도



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